

JANUARY 2026

Ethel Reed Elementary

Breakfast & Lunch Menus

Milk comes with each meal.
Water is available.

Monday

Tuesday

Wednesday

Thursday

Friday



5

Breakfast:
Tornado or
Cereal & Toast, Fruit

6

Lunch:
Pizza
Veg & Fruit

Breakfast:
Biscuit & Gravy or
Cereal & Toast, Fruit

7

Lunch:
Soup & Grilled Cheese
Veg & Fruit



Breakfast:
Omelet & Toast or
Cereal & Toast, Fruit

8

Lunch:
Corn Dog & TT
Veg & Fruit



2

Breakfast:
Muffin & Yogurt or
Cereal & Toast, Fruit

9

Lunch:
Burrito & Rice
Veg & Fruit

Breakfast:
Pizza or
Cereal & Toast, Fruit

12

Lunch:
Popcorn Chicken Dinner

Breakfast:
Waffles or
Cereal & Toast, Fruit

13

Lunch:
Chicken & Biscuit
Veg & Fruit

Breakfast:
Biscuit Sandwich or
Cereal & Toast, Fruit

14

Lunch:
Spaghetti & Breadstick
Veg & Fruit

Breakfast:
Oatmeal or
Cereal & Toast, Fruit

15

Lunch:
Chili Frito Pie
Veg & Fruit, Banana Cake

Breakfast:
Pancake on a Stick or
Cereal & Toast, Fruit

16

Lunch:
Pizza Stick
Veg & Fruit



19

Breakfast:
Tornado or
Cereal & Toast, Fruit

20

Lunch:
Cowboy Stew & Cornbread
Veg & Fruit

Breakfast:
Donut & Cheese Stick or
Cereal & Toast, Fruit

21

Lunch:
Mac & Cheese, Smokies
Veg & Fruit

Breakfast:
Omelet & Toast or
Cereal & Toast, Fruit

22

Lunch:
Pig in a Blanket
Veg & Fruit

Breakfast:
Muffin & Yogurt or
Cereal & Toast, Fruit

23

Lunch:
Salisbury Steak Dinner

Breakfast:
Pizza or
Cereal & Toast, Fruit

26

Lunch:
Taco, Chips & Dip
Veg & Fruit

Breakfast:
Waffles or
Cereal & Toast, Fruit

27

Lunch:
SteakFinger Dinner

Breakfast:
Biscuit Sandwich or
Cereal & Toast, Fruit

28

Lunch:
Chicken & Noodles, Breadstick
Veg & Fruit

Breakfast:
Oatmeal or
Cereal & Toast, Fruit

29

Lunch:
Ham & Cheese Sandwich, Chips
Veg & Fruit, Banana Pudding

Breakfast:
Pancake on a Stick or
Cereal & Toast, Fruit

30

Lunch:
Cheeseburger & FF
Veg & Fruit

This institution is an equal opportunity provider.



PAY FOR MEALS ONLINE
MySchoolBucks.com